

**September 25, 26, 27, 2015**

**CREATE, PARTICIPATE & SHARE**



**ETOBICOKE LAKESHORE**

**culturedays**

[www.culturedays.ca](http://www.culturedays.ca)

## PRESENTING PARTNERS



## SUPPORTING PARTNERS



# ETOBICOKE LAKESHORE culture days

**CREATE, PARTICIPATE & SHARE**  
**September 25, 26, 27, 2015**

Culture Days is a Canada-wide celebration of the arts and cultural life of local communities. Etobicoke-Lakeshore has over **40 FREE, interactive art and cultural activities** for you to explore! Activities are located along Lake Shore Boulevard West from Brown's Line to Park Lawn.

This guide will lead you through all activities taking place over the Culture Days weekend, listed in order of date and time. Please note that some activities require pre-registration; follow the link provided in the activity description to register.

## CULTURE DAYS KICK OFF PARTY

Friday, September 25 | 6:30 - 8:00pm | Mimico Square, Amos Waites Park  
Presented by Etobicoke-Lakeshore Culture Days & The Mimico-By-The-Lake BIA

Help us launch the Culture Days weekend with a party in the park! Preview some of the activities that will be taking place over the course of the weekend, and enjoy performances by the Mimico Children's Choir, and swing band, The Double Cuts!

## WANT MORE INFORMATION?

Check out our new website at [www.elculturedays.ca](http://www.elculturedays.ca)

Follow us   @ELCultureDays | #ELCultureDays



1. **Long Branch 29th St. Lot**  
3418 Lake Shore Blvd. W.
2. **Branch Yoga & Wellness**  
3301 Lake Shore Blvd W., 2nd floor
3. **Humber Arts & Media Studios, Humber College**  
300 Birmingham St.
4. **The Fashion Institute, Humber College**  
3166 Lake Shore Blvd. W.
5. **Assembly Hall**  
1 Colonel Samuel Smith Park Dr.
6. **L Building, Humber College**  
19 Colonel Samuel Smith Park Dr.
7. **Loot Lady**  
3029 Lake Shore Blvd. W.

8. **7th St./Lakeshore Blvd. W.**  
7th St & Lake Shore Blvd. W.
9. **Placebo Space**  
2877 Lake Shore Blvd. W.
10. **LAMP Community Health Centre**  
185 Fifth St.
11. **Mimico Presbyterian Church**  
119 Mimico Ave.
12. **Mimico Square, Amos Waites Park**  
2445 Lake Shore Blvd. W.

13. **Lakeshore Arts**  
2422 Lake Shore Blvd. W.
14. **Ballet Creole Studio**  
101 Portland St. (not included on map)





# FRIDAY

## CULTURE DAYS KICK OFF PARTY

6:30 - 8:00pm

Presented by Etobicoke Lakeshore Culture Days, in association with the Mimico-by-the-Lake BIA  
Mimico Square, Amos Waites Park | 2445 Lake Shore Blvd. West

Come kick off the Culture Days weekend with a party in the park! Visit our Arts Market for a chance to preview some of the weekend's events, get creative with sidewalk chalk, and enjoy performances from The Mimico Children's Choir, and music and dancing from Toronto swing band, The Double Cuts!

## SIDEWALK CHALK MURALS

6:00 - 8:00pm

Presented by Lakeshore Arts  
Mimico Square, Amos Waites Park

Help add a splash of colour for Culture Days weekend! Come with designs ready or just doodle to your heart's content. Work in a family team and create everything from works of art to interactive pavement games – the sky is the limit! All ages welcome.

## LITTLE HILLS & THE HISTORY OF PLACEBO

8:30pm - 12:00am

Presented by Placebo Space  
Placebo Space

Come learn the history of Placebo Space and enjoy some free, live entertainment! With live performances by Little Hills and local band Big Frasier. Doors open at 8:00pm.



# SATURDAY

## MiBODY

9:45am - 11:45am

Presented by MiBody Health and Fitness  
MiBody Health and Fitness

Connect body and breath in a fun and inclusive environment. Sessions include:

9:45am - 10:45am : Bootcamp

10:45 - 11:45am: Power Yoga

## BAROQUE BEADS

10:00am - 12:00pm

Presented by Eileen Ross  
Placebo Space

Learn an onlay technique while working with polymer clay to create and decorate your own key chain, bag decoration, or zipper pull! Register by email: [erossdesigns@gmail.com](mailto:erossdesigns@gmail.com)

## MYTHS OF MY TOWN

10:00am - 3:00pm

Presented by A Field of Crowns  
Humber College

Help us make a play! Share your stories about Etobicoke during a storytelling workshop, and our actors and musicians will use them inspiration for workshops and performances later in the day!

Story Gathering: 10:00 - 11:30am

Scene Building: 11:30 - 1:00pm

Rehearsal: 1:00 - 2:00pm

Performance: 2:00 - 3:00pm

## WARD 6: PUBLIC GARDEN

10:00am - 5:00pm

Presented by L Space Gallery  
Humber College

Students from Humber College's interdisciplinary summer studio speculate on an ultra-local urban agricultural framework for South Etobicoke.

## FOLLOW US

Watch Culture Days unfold via our Twitter and Instagram accounts  
[@ELCultureDays](#) | [#ELCultureDays](#)

## EXPERIENCE FASHION THROUGH THE AGES

10:00am - 5:00pm

Presented by Humber Fashion Institute  
Fashion Institute, Humber College

Witness the transformation of fashion through the ages. Learn the history of the old Almont Hotel and see a historical collection from the 1800s - 20th century.

## HISTORIC TUNNEL TOURS

10:00am - 5:00pm

Presented by Humber College & Steve Bang  
L Building, Humber College Lakeshore

Visit the Lakeshore Campus and take a historic guided tour underneath the East side campus and learn the history of the buildings, the tunnel system, and the history of the Lakeshore Psychiatric Asylum.

Guided tours will take place every half hour. Last tour leaves at 4:30pm.

## LAKESHORE GROUNDS - SHARE YOUR STORY

10:00am - 6:00pm

Presented by Lakeshore Grounds Interpretive Centre  
Humber College

Set to open in 2016, the Lakeshore Grounds Interpretive Centre will be a part of Humber College's new Welcome Centre (located at the corner of Lake Shore Blvd W). Share your memories, your connections, and your hopes for the grounds.

# SATURDAY

## INSIDE OUT: THE PEOPLE'S ART PROJECT

10:00am - 6:00pm

Presented by Lakeshore Arts, The City of Toronto, and International Artist JR

*Mimico Square, Amos Waites Park*

Visit a one-of-a-kind photo booth truck, have your large-scale portrait printed and pasted on Storefront Humber's wall. This public art project welcomes all. Participants' portraits will be featured in an art installation as part of Nuit Blanche.

## EGYPTIAN BELLY DANCING

10:30am - 11:30pm

Presented by Jaicyea Smith

*Mimico Square, Amos Waites Park*

A fun introduction to belly dancing for the whole family that will teach you the basics of one of the oldest forms of dance. The dance uses movements from the torso rather than in the legs/feet and is accessible to all ages and skill levels.

## MIMICO PRESBYTERIAN PET BLESSING

10:30am - 12:00pm

Presented by Mimico Presbyterian Church

*Mimico Presbyterian Church*

Join us for a service blessing for all types of pets, celebrating the feast of St. Francis of Assisi. Each pet blessed will receive a certificate of blessing, and there will be a special blessing for sick or injured pets. A BBQ lunch will follow the service.

## SWIRLS & CURLS: HOW TO HENNA

11:00am - 12:30pm

Presented by Lakeshore Arts as part of the **Art Out Of the Box Festival**

*Mimico Square, Amos Waites Park*

Learn the basics of applying henna paste! Practice applying henna using a cone to yourself, on a friend, or on paper. The artwork leaves a lasting impression on your skin. Limited supplies provided on a first come first serve basis.

## FIND YOUR VOICE

11:00am - 1:00pm

Presented by LAMP & The Assembly Hall

*East Room, The Assembly Hall*

A workshop with a focus on building confidence and performance skills while singing for the stage. Instructed by vocalist Daniela Garcia, participants will learn vocal techniques through popular songs. No experience necessary.

## CREATIVE ART SCIENCE EXPERIMENTS

11:00am - 2:00pm

Presented by Loot Lady Toys

*The Loot Lady*

Drop by The Loot Lady toy shop to learn about colour blending, play with some goop, and more! Fun for the whole family, just please be prepared to get a little bit messy..

## BALLET CREOLE OPEN HOUSE

11:00am - 3:00pm

Presented by Ballet Creole

*Ballet Creole, 101 Portland Street*

Ballet Creole will open the doors at its new location in Etobicoke for free drum and dance workshops! A great opportunity to explore their new studio space and see what they offer.

## HANDS ON FILM MAKING WORKSHOP

11:00am - 3:00pm

Presented by Tim Kamino and the TDSB

*Lakeshore Arts*

In collaboration with Lakeshore Arts and Toronto Cultural Services, students from TDSB West Region 6 will demonstrate hands-on film-making techniques, and teach participants how to create claymation videos using iPads! Video projects exhibited at the AGO will be on display.

## 7th STREET PIAZZA

11:00am - 5:00pm

Presented by Etobicoke Cycling Association

*7th Street/ Lake Shore Blvd. West*

Piazza: An open public area in a town, usually surrounded by buildings. Join the takeover as we reclaim public space with music and food during Culture Days.

## PIPE CLEANER ZOO

11:00am - 5:00pm

Presented by Humber College

*3418 Lake Shore Blvd. West*

We need you to help us fill our zoo! Drop in and create an animal out of pipe cleaners. All materials will be available for you to create, explore, and have fun.

## CREATE FLAGS WITH CLAY

11:00am - 5:00pm

Presented by Humber College

*3418 Lake Shore Blvd. West*

If you discovered a new land, what flag would you create for it? What flag would you create for your family home? Your neighbourhood? In this drop-in activity you use clay and creativity to make amazing miniature flags. Take your flags home, or display them proudly at our festival booth.

## MURAL PAINTING WITH SQUIRT GUNS

11:00am - 5:00pm

Presented by Humber College

*3418 Lake Shore Blvd. West*

We're building a collaborative mural and we need your help! The only catch is that we're painting with squirt guns. Drop by, take a shot, and add your inspiration to the mural. We'll have all the materials and tools necessary. Open to kids of all ages, and to those who remain young at heart.

## SHAPE POETRY WITH SIRIUS THEATRE

11:30am - 12:30pm

Presented by Sirius Theatrical Company  
as part of the **Art Out Of the Box Festival**

*Mimico Square, Amos Waites Park*

Get your brain and body moving with this interactive poem creation game! Participants will be given a theme or object, brainstorm the first ideas that come to mind, and collectively create the shape of the object or theme using their words, followed with dance or physical movements they think artistically influence the words.



## DID YOU KNOW WE HAVE A SHUTTLE BUS?

Don't miss out on any activities - hop on our FREE shuttle. The bus will be running regular loops along Lake Shore Blvd. West on **Saturday from 10:00am - 5:00pm**

# SATURDAY

## CONFIDENCE BUILDING

12:00pm - 1:00pm

Presented by I.M Success Tutoring  
Room L1012 Humber College

Transform the doubt monster! Build your child's sense of self. During this parent workshop, we will discuss doubt, fear, praise, and confidence.

## ART FOR THE TERRIFIED: DRAWING THE HUMAN FIGURE

12:00pm - 2:00pm

Presented by Mike Goodge  
Placebo Space

Participants will learn how to draw the human figure using pencils and ink pen, with basic shapes, a little cross hatching technique and the use of a wooden mannequin. All skill levels welcome.

## ABORIGINAL COMMUNITY CELEBRATION AND SOCIAL

12:00pm - 3:00pm

Presented by Humber College Aboriginal Resource Centre, The Assembly Hall, & Toronto Arts and Culture Services  
The Assembly Hall

Fall into the rhythmic beat of the drum and watch the dancers display the beautiful, vibrant colours of their traditional regalia. An aboriginal Pow Wow is a cultural celebration featuring traditional drumming, singing, and dancing, showcasing the spirit of First Nations peoples in Canada.

## BUILD THE FUTURE OF THE LAKESHORE WITH BRICKMAN GRAEME

12:00pm - 4:00pm

Presented by BrickManGraeme  
3418 Lake Shore Blvd. West

Help build a massive, futuristic, linear cityscape of the Lakeshore, and highlight all of the amazing and unique features that make our neighbourhood a hidden cultural gem. Great chance to learn some expert building tips.

## HUMBER ART COMMONS TOUR & DRAWING WORKSHOP

12:00pm - 5:00pm

Presented by Humber College  
3418 Lake Shore Blvd. West

Visual Arts faculty welcomes you to be the first people to experience the new Humber studio space with a tour of the facilities and participate in a drawing workshop.

## #SAFEjam KARAOKE & RAINBOW THEMED GAMES

12:00pm - 5:00pm

Presented by Social Action for Equality  
3418 Lake Shore Blvd. West

Big Bang Karaoke and SAFE will team up to offer a safe and inclusive space for the LGBTQ community and allies. There will be karaoke, big block rainbow Jenga and more! Fun for all.

## DISCOVER TRANSFER DRAWING AND PAINTING

1:00pm - 5:00pm

Presented by Humber College  
Humber College

Gain an understanding of the history behind the transfer drawing and painting method used for painting stage scenery! Participants will transfer and paint individual frames that when combined will contribute to a larger mural.

## MASQUERADE MASK MAKING

1:30pm - 3:00pm

Presented by Youth.Arts.Movement  
as part of the **Art Out Of the Box Festival**  
Mimico Square, Amos Waites Park

Whether you want to be a superhero, magical character, or imaginary creature, work with a variety of materials to express your creativity!

## PAINT-A-TILE

1:30pm - 3:30pm

Presented by Crock-A-Doodle  
Humber College

Paint a 4" ceramic tile, take it with you, then drop it off at the Crock-A-Doodle studio for glazing and firing!

## STORIES FROM AROUND THE WORLD

2:00pm - 2:45pm

Presented by Nadine Brown  
3418 Lake Shore Blvd. West

Drop by for a storytelling workshop where we'll be sharing fun, cultural stories from around the world. Presented by *Inside Nadine's World*, this will be fun for all ages, but especially for children.

## BASIC LATIN DANCE STEPS 'A LA SALSA'

2:00pm - 3:00pm

Presented by SEYA youth  
3418 Lake Shore Blvd. West

Feel the rhythm and move to the beat. Learn some basic steps to Salsa, a fun filled workshop aimed at improving your Latin moves.

## SONGWRITING FOR KIDS!

2:00pm - 2:45pm

Presented by Sarah Factor  
Placebo Space

Singer/Songwriter Sarah Factor will inspire children to create original cohesive song lyrics by guiding them through activities and exercises (such as rhyming and repetition) and using familiar melodies to make their lyrics into cohesive and original songs.

## INTRODUCTION TO ARGENTINE TANGO

3:00pm - 4:00pm

By Mary Campbell & The Assembly Hall  
The Assembly Hall

An introduction to Argentine Tango dancing! No partner or experience required. Please come in soft shoes or socks. All ages welcome.

## TRAVEL BACK IN TIME WITH SHAKESPEARE

3:00pm - 4:00pm

By Humber River Shakespeare Company as part of the **Art out of the Box Festival**  
Mimico Square, Amos Waites Park

Visit our Elizabethan playhouse and experience the life of a Shakespearean actor. We'll be bringing Shakespeare's stories and characters to life

## WE'RE SO HAPPY YOU JOINED US!

Be sure to save the date for next year - September 23, 24, & 25, 2016  
Etobicoke-Lakeshore Culture Days is always the last full weekend in September!



# SATURDAY

## LIQUID CHALK GRAFFITI

4:00pm - 5:00pm

Presented by Lakeshore Arts as part of the  
**Art out of the Box Festival**

*Mimico Square, Amos Waites Park*

Make your own non-toxic and washable spray chalk that can be used on outdoor concrete or asphalt surfaces! Unleash your inner artist & create designs - fun for the whole family!

## HIP HOP DANCE FOR YOUTH

4:00pm - 5:00pm

Presented by LAMP

*Birmingham - Humber College*

Youth 14-19 will get an introduction to the basic movements of hip hop dance. Learn moves and techniques from a professional Hip Hop artist.

## AFRO FUSION DANCE

4:30pm - 5:30pm

Presented by Nadine Brown

*East Room, The Assembly Hall*

A fusion of dance forms that involve African Technique, Urban African and African Diaspora dance styles. Incorporates a wide variety of music, making it a dance class that's fun for all ages and abilities!

## BBOY & BGIRL JAM

5:00pm - 7:00pm

Presented by Unity Charity as part of the  
**Art out of the Box Festival**

*Mimico Square, Amos Waites Park*

Learn some moves from this old school hip-hop art form with an introduction to break-dancing in an inviting community space. Watch the pros try a cypher or sit back and watch gravity defying talents. For ages 6 to 60 - no experience required.

## AFTER DARK SOUND & LIGHT SHOW

7:00pm - 9:00pm

By Owen Denham & Eric Purcell as part of the  
**Art out of the Box Festival**

*Mimico Square, Amos Waites Park*

Local artists/musicians will lead an interactive video and music installation where you're invited to come and explore hitting sensory triggered pads to compose their own multimedia sound and light show.

## LIVE JAZZ & THE HISTORY OF PLACEBO

8:30pm - 12:00am

Presented by Placebo Space

*Placebo Space*

Learn the history of Placebo space and enjoy some free, live entertainment! With live jazz performances by Eric Rogerson, Jordan Paul, and the band Dwell! Doors open at 8:00pm.



# SUNDAY

## LOVE THE LIGHT: YOGA WITH BRIAR

9:30am - 10:30am

Presented by Briar Boake & Mimico By-The-Lake BIA

*Mimico Square, Amos Waites Park*

"If you can breathe, you can do yoga" This is an age-old system of moving through physical postures. Using breath control and focus, we build strength and stamina to gain a more peaceful day-to-day existence. All ages welcome. Bring a yoga mat or beach towel.

## EXPERIENCE FASHION THROUGH THE AGES

10:00am - 4:00pm

Presented by Humber Fashion Institute

*Fashion Institute, Humber College*

Witness the transformation of fashion through the ages. Learn the history of the old Almont Hotel and see a collection of historical fashions from the 1800s to the 20th century.

## WARD 6: PUBLIC GARDEN

10:00am - 4:30pm

Presented by L Space Gallery

*Humber College*

Students from Humber College's interdisciplinary summer studio speculate on an ultra-local urban agricultural framework for South Etobicoke.

## HISTORIC TUNNEL TOURS

10:00am - 5:00pm

Presented by Humber College & Steve Bang

*L Building, Humber College Lakeshore*

Visit the Lakeshore Campus and take a historic guided tour underneath the East side campus and learn the history of the

buildings, the tunnel system, and the history of the Lakeshore Psychiatric Asylum.

**Guided tours will take place every half hour. Last tour leaves at 4:30pm.**

## LAKESHORE GROUNDS - SHARE YOUR STORY

10:00am - 6:00pm

Presented by Lakeshore Grounds

*Interpretive Centre*

*Humber College*

Set to open in 2016, the Lakeshore Grounds Interpretive Centre will be a part of Humber College's new Welcome Centre (located at the corner of Lake Shore Blvd West). Share your memories, your connections, and your hopes for the grounds.

## MiBODY INFANT MASSAGE

11:00am - 12:00pm

Presented by MiBody Health and Fitness

*MiBody Health and Fitness*

Understand the benefits of massage and learn some incredible techniques to soothe and support your infant.

## ZUMBA IN THE SQUARE

11:00am - 12:00pm

Presented by Lakeshore Athletics

*Mimico Square, Amos Waites Park*

Zumba combines Latin and International music with a fun and effective workout system. Ditch the workout, join the fun! Come dance!

**HELP US IMPROVE**  
Please take the time to fill out a survey.  
Available at all activity locations

# SUNDAY

## INSTRUMENT ZOO

12:00pm - 3:00pm

Presented by Long & McQuade and the Mimico-by-the-Lake BIA

Mimico Square, Amos Waites Park

Try out a variety of instruments in this musical zoo! Music Education pros will be onsite to give you tips on trying new instruments and answer any of your questions. Perfect for all ages and no experiences necessary.

## KUMIHIMO BRAID BRACELET MAKING

12:00pm - 2:00pm

Presented by Raz Rotem  
Placebo Space

Learn to make your very own Kumihimo braid bracelet in this hands-on workshop! Materials provided.

## HUMBER ART COMMONS TOUR & DRAWING WORKSHOP

12:00pm - 5:00pm

Presented by Humber College  
3418 Lake Shore Blvd. West

Visual Arts faculty welcomes you to be the first people to experience the new Humber studio space with a tour of the facilities and participate in a drawing workshop.

## SONGS BY ROGER ZURAW

1:30pm - 2:30pm

Presented by Roger Zuraw  
Mimico Square, Amos Waites Park

Enjoy Roger's performance of folksy blues songs inspired by the local Lakeshore area, as heard on CBC. Roger will also share his influences and the behind-the-scenes work of songwriting.

## FAMILY YOGA

2:00pm - 3:00pm

Presented by Branch Yoga & Wellness  
Branch Yoga & Wellness

Fun family yoga class for parents and kids of all ages! Learn the fundamentals of yoga in a manner that is both accessible and fun. Through mindful movement, meditation, and breathing, budding yogis and parents alike will practice body awareness, creativity, and confidence.

## J'OUVERT

2:00pm - 3:00pm

By Ballet Creole & The Assembly Hall  
The Assembly Hall

Ballet Creole and The Assembly Hall present "J'ouvert", a dance and music performance incorporating the Carnival traditions of various Pan-American countries set to live original music. Doors will open at 1:30pm.



Photo by David Hou

# THANK YOU TO OUR VENUE SUPPORTERS

The Assembly Hall

Humber College Lakeshore

Lakeshore Arts

Placebo Space

Loot Lady Toys

Mimico Presbyterian Church

LAMP Community Health

Centre

All photographs from page 1 to page 13 courtesy of Jeremy Sale

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**culturedays**

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**Last Weekend in September 2016**

Help us improve! Please take time to fill out a survey.  
Available at all activity locations.



